

New business

Energy healing: an alternative

Without much touching, healing is possible using energy transmitted through the body with intense meditation. Energy healing is a new alternative medicine business promising remedy to all sorts of pain.

by J. Malbrook

Born in Switzerland to a Seychellois mother Jonathan Matile, 33-years-old, studied clinical psychology and has decided that his yearly visit to the Seychelles should now be permanent.

Since late 2017, he has been working as a psychologist with the National Council for Children (NCC).

While studying in his homeland, Matile also discovered energy healing. An ancient practice present in various parts of the world, much like yoga. In Japan they call it Reiki, in India they call it Prana and in China it's Chi. He believes the source of the energy is from God and nature which is an intense feeling of love.

"I have seen that here in Seychelles there are a lot of people who have bodily pain, back pain and psychosomatic problems. I also see that energy healing has a lot of potential in Seychelles and it is not that expensive," says Matile.

Matile explains that his treatment does not require much

touching only a brief explanation of where the pain is. The patient is laid to rest and Matile makes the spiritual connection with the energy to perform the healing even in places not mentioned by the patient.

"At times there are people who have emotional issues and the energy can unblock the chakras that is blocking the emotion that is supposed to be released. It is good for the conscious state of that person," he explains.

Energy healing as an alternative medicine offers one the option of healing without the use of a lot of pharmaceutical pills that could further affect the body. One of the core values of Matile is to offer clients confidentiality as many people complain that this is lacking.

"People are very impressed with the fact they are not being touched and at the end of the first session their pain has gone away or reduce significantly,"

Matile explains that energy healing does not require any belief in the healing method rather just to allow the energy to make the connection with the body. The most difficult patients Jona-



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than Matile has encountered so far are cancer patients.

"People with advanced stages of cancer are the most difficult because when I am doing the healing, I can feel that persons psychological pain. But after one session I can boost their esteem and normally we meet more often to get more results," he explains.

Jonathan Matile is slowly establishing his business with interviews on radio, newspapers, Facebook page and even live demonstrations that he performed at the National show last June.

He explains that the main difficulty is to get affordable rent but apart from that he uses his individual knowledge, which is priceless. He is now located on the 4th floor, at the Docklands building.

"I want people to learn more about energy healing because I feel it has a lot of potential in Seychelles. I think Seychellois are passionate about spirituality and energy healing is about that. I would like for people to understand this type of medicine and not have prejudice thoughts about it," he aspires.